

*The Book of Mysteries* by Jonathan Cahn  
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## Day 42

### HOW TO MULTIPLY BREAD

It was midday, just about lunch time. Most of the students had gathered in the common hall for lunch. The teacher and I were sitting outside.

“Messiah was ministering to a multitude of thousands,” he said, “when a crisis arose. The people were hungry and had virtually no food, only two fish and five loaves of bread. ‘He took the five loaves and the two fish, and looking up to heaven, He gave thanks, broke them and gave them to the disciples to give to the multitudes. And they all ate and were filled, and the disciples collected twelve basketfuls of leftover pieces.’ It is called the miracle of multiplication. Starting with just two fish and five loaves of bread they fed thousands of people. But how did He perform that miracle?”

“It doesn’t say.”

“But it does,” he said. “Listen again: ‘and looking up to heaven, He gave thanks, broke them and gave them to the disciples . . .’”

“He gave thanks?”

“Yes. He looked to heaven and gave thanks. He gave thanks and the miracle happened. That’s the secret. That’s the key to miracles.”

“Giving thanks?”

“Giving thanks is crucial to a life of fullness and blessing. On top of that, it also gives you the power to perform the miracle of multiplication.”

“How?”

“By doing what He did. You don’t look at how little you have or how big your problem is or how impossible the situation is. You don’t panic, you don’t complain, and you don’t get discouraged over not having enough. You take the little you have, whatever good there is, no matter how small or inadequate it is, and you do what Messiah did. You lift it up to the Lord and you give thanks for it. And the blessings you have will multiply, if not in the world, then in your heart. The more you give thanks, the less you will hunger, and the more full and blessed you will be.”

“So in order to perform miracles, I need to . . .”

“Give thanks. Whatever you have, no matter how much or how little. Give thanks even for what is not enough, and it will multiply to become what is enough . . . and what is more than enough . . . Practice this key. Then get started multiplying the bread.”

The Mission: Stop seeking more and stop living in the realm of ‘not enough.’

Today practice giving thanks for everything. Perform the act of multiplication.

Matthew 14:14–21; 1 Thessalonians 5:18